



Suicide Prevention for Neurodivergent Clients

A Two-Hour Training for Mental Health Professionals

I. Overview

Learning Objectives

1. Common traits and trends of the three neurodivergent populations who are at an increased risk for suicide, including ADHDers, Autists, and Trans people.
2. Suicide risk factors
3. Polyvagal theory perspective on suicide prevention
4. Suicide assessment and safety planning
5. Referral recommendations

Logistics

Training will take place over Zoom on Thursday, May 8th, 9:30 am-11:30 am MT or Thursday, September 18th, 9:30 am-11:30 am MT. CEUs are available immediately after the training has been completed. A link will be sent in the chat box.

Materials

You'll receive the PowerPoint slides and psychoeducation handout to use for yourself and your clients within one week following the training. You'll also receive a list of recommended readings on the reference page at the end of the slideshow.

II. Details

Suicide Prevention

You'll learn about common traits and trends of the three neurodivergent populations who are at an increased risk for suicide, including ADHDers, Autists, and Trans people. With this knowledge, you'll also be better able to assess for unidentified ADHD and Autistic clients. We will cover suicide risk factors that are unique to each of the aforementioned populations, including substance abuse, social

isolation, unemployment, and discrimination. You'll learn a polyvagal theory perspective on suicide prevention, which will help you better understand and plan for safety issues. You'll gain important suicide assessment information and learn how to create safety plans that your client is motivated to use. We will finish with referral recommendations for clients who need a higher level of care, ADHD/ASD assessments, or another therapist when their needs are outside of your scope of practice.

III. Pricing

Two-Hour Training

- Regular Pricing - \$149
- Student, Non-Profit and Group Pricing* - \$111.75
- Half and Full Scholarships are Available - Email Phoenix for Application**

**Group Pricing - Ten or more clinicians working within the same organization. **Email Phoenix for student/nonprofit/group discount code or for the scholarship application at phoenix@napti.org*

IV. Requirements and CE Credits

Training Requirements

You must be a mental health master's program student or professional to take this training. You must have already completed our Neurodiversity 101 course (or test out). Please contact admin@napti.org for test out information.

CE Credits

Our trainings are endorsed by the NASW Colorado chapter for two CEUs. Please check with your state licensing board as we cannot guarantee credits depending on your license and state. You must attend the entire session.

V. Registration

To register, please go to <https://www.napti.org/booking>