



# Interest-Based Nervous System of ADHDers

## A Two-Hour Training for Mental Health Professionals

### I. Overview

#### *Learning Objectives*

1. Evolution of the “dopamine deficit” in the ADHD brain
2. Pros and cons of medication
3. Gain an understanding of how to use Dr. Dodson’s ICNU model effectively with ADHD neurotypes to improve focus, motivation, and task initiation/completion
4. Workshop and practice time

#### *Logistics*

Training will take place over Zoom on Thursday, January 22nd, from 9 am to 11 am MT. CEUs are available immediately after the training has been completed. A link will be sent in the chat box.

A recording will be available for two weeks after the live training. To gain access to CEUs, you must pass our test to demonstrate the knowledge you have gained.

#### *Materials*

You'll receive the PowerPoint slides and psychoeducation handout to use for yourself and your clients within one week following the training. You'll also receive a list of recommended readings on the reference page at the end of the slideshow.

### II. Details

#### *Interest-Based Nervous System of ADHDers*

The attention *deficit* that ADHDers have is greatly misunderstood. There is no actual deficit, but rather a poorly understood neurotype trait that moves people toward their interests and away from understimulating situations. In our training, you'll learn the ins and outs of this trait, its evolution, its interplay with the nervous system, how being Autistic can influence this trait, and Dr. Dodson's ICNU framework to improve motivation and focus issues. You'll also gain valuable information about the pros and cons of medication to properly assess if a client may need a referral for medication management or if applying the ICNU framework is sufficient. There will be approximately 30 minutes of workshop time where you will learn to apply the ICNU framework to hypothetical clients and gain valuable insights on how this framework can benefit them.

### III. Pricing

#### Two-Hour Training

- Regular Pricing - \$149
- Student, Non-Profit and Group Pricing\* - \$111.75
- Half and Full Scholarships are Available - Email Ari Levine for Application\*\*

*\*Group Pricing - Ten or more clinicians working within the same organization. \*\*Email Ari Levine for a student/nonprofit/group discount code or the scholarship application at [admin@napti.org](mailto:admin@napti.org)*

### IV. Requirements and CE Credits

#### *Training Requirements*

You must be a mental health master's program student or professional to take this training. It's recommended to have already completed our Neurodiversity 101 course or an equivalent.

#### *CE Credits*

Our trainings are endorsed by the NASW Colorado chapter for two CEUs. Please check with your state licensing board, as we cannot guarantee credits depending on your license and state. You must attend the entire session.

### V. Registration

To register, please go to <https://www.napti.org/booking>