



# Suicide Prevention for Neurodivergent Clients

## A Two-Hour Training for Mental Health Professionals

### I. Overview

#### *Prerequisite*

Neurodiversity 101

#### *Learning Objectives*

1. Common traits and trends of the three neurodivergent populations who are at an increased risk for suicide, including ADHDers, Autistics, and Trans people.
2. Suicide risk factors
3. Polyvagal theory perspective on suicide prevention
4. Suicide assessment and safety planning
5. Referral recommendations

#### *Logistics*

Training takes place either in-person or over Zoom. Phoenix Rising is available for trainings in the Durango area and Ari Levine is available for trainings in the Denver area.

CEUs are available immediately after the training has completed. A link will be sent in the chat box so that participants can complete an autofill document.

#### *Materials*

You'll receive the PowerPoint slides and psychoeducation handout to use for yourself and your clients within one week following the training. You'll also receive a list of recommended readings on the reference page at the end of the slideshow.

## II. Details

### *Suicide Prevention*

You'll learn about common traits and trends of the three neurodivergent populations who are at an increased risk for suicide, including ADHDers, Autistics, and Trans people. With this knowledge you'll also be better able to assess for unidentified ADHD and Autistic clients. We will cover suicide risk factors that are unique to each of the aforementioned populations, including substance abuse, social isolation, unemployment and discrimination. You'll learn a polyvagal theory perspective on suicide prevention, which will help you better understand and plan for safety issues. You'll gain important suicide assessment information and how to create safety plans that your client is motivated to use. We will finish with referral recommendations for clients who need a higher level of care, ADHD/ASD assessments, or another therapist when their needs are outside of your scope of practice.

## III. Pricing

### **Two-Hour Training**

- Trainings are priced per participant
- Pricing varies depending on number of staff being trained, sliding scale tier, and in-person vs virtual
- Please refer to pricing sheet available at <https://www.napti.org/trainings-for-organizations>

## IV. Requirements and CE Credits

### *Training Requirements*

You must be a mental health master's program student or professional to take this training. You must have already completed our Neurodiversity 101 course.

### *CE Credits*

You'll receive 2 hours of CE credits upon completion of this training if you are in the state of Colorado. Out-of-state credit is not guaranteed. You must attend entire session. (Approval by the NASW of Colorado for CE credits are currently pending.)

## V. Registration

To register your staff for a training, please email Ari Levine at [admin@napti.org](mailto:admin@napti.org)